



Work Strain Factors Among Caregivers

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GRIN Verlag Sep 2009, 2009. Taschenbuch. Book Condition: Neu. 210x148x2 mm. This item is printed on demand - Print on Demand Neuware - Seminar paper from the year 2009 in the subject Business economics - Marketing, Corporate Communication, CRM, Market Research, Social Media, grade: 1,0, University of Applied Sciences Berlin, language: English, abstract: The demographic change within the German population and the increasing number of geriatric multimorbid diseased patients will cause a rising demand for nursing care in the future. At the same time the number of young nurses to provide care in nursing homes will decrease. Therefore, nurses for the elderly should be able to remain working healthy in their jobs as long as possible. Concerning the physical work strains, geriatric nurses often have to work standing, in strenuous posture or have to lift and carry weights, which exceed 10 kilograms for women. These strains can result in health disorders of the neck, shoulders and lower back. Concerning the mental work strains, nurses seem to handle the present emotional requirements from disease, suffering and death quite well and perceive handling aggressive and uncooperative residents as being more challenging. These behaviors are mainly shown by residents, who suffer from dementia....



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