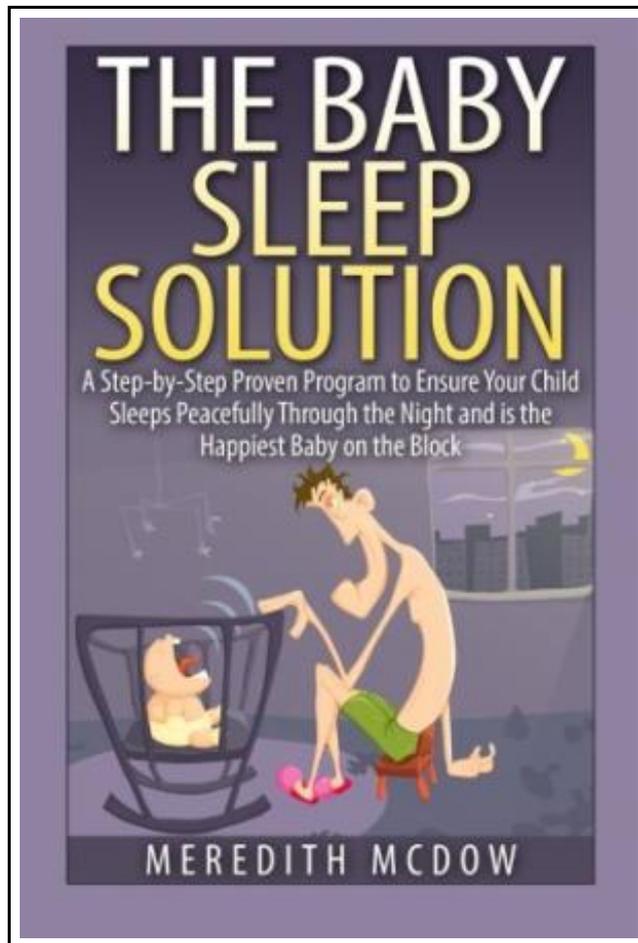


## The Baby Sleep Solution: Practical and Proven Methods for Getting Your Child to Nap and Sleep Through the Night (Paperback)



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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Baby Sleep Solution All you want is to get a good night s sleep and this book has some great solutions for pretty much every situation I ve seen. I highly recommend it. - Jeffrey You re exhausted. You haven t slept in what feels like years. Your new baby is crying.constantly. Your husband just backed over the mailbox on the way to work because he s so weary from lack of rest. You ve tried everything and nothing is working. Does this sound like you? Are you so tired you don t know whether you re coming or going? You love your new baby, but why won t she sleep at least a few continuous hours at night? Even napping in the afternoon is a fitful challenge. Rest assured, there is a way. There is help. The Baby Sleep Solution will help you get your child to nap AND sleep through the night using practical and proven methods I m actually the least likely person to be writing a book like this as I m not a doctor and I don t have a professional background. However, I do have a drive and determination to share all I have learned through researching countless articles, books, and blogs, talking with physicians, pediatricians, and several specialists in the field to bring you the tips and techniques in this book. Not only that, I have successfully used many of these methods while raising my own 3 children. I have tried to cover a wide range of conditions and what if scenarios to give you the best options available for helping you and your little one get the rest you...

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