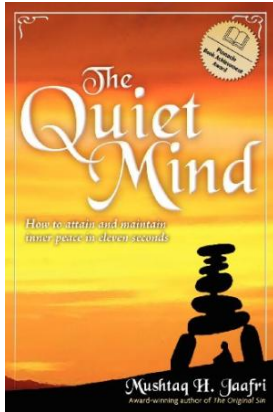


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THE QUIET MIND HOW TO ATTAIN AND MAINTAIN INNER PEACE IN ELEVEN SECONDS



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