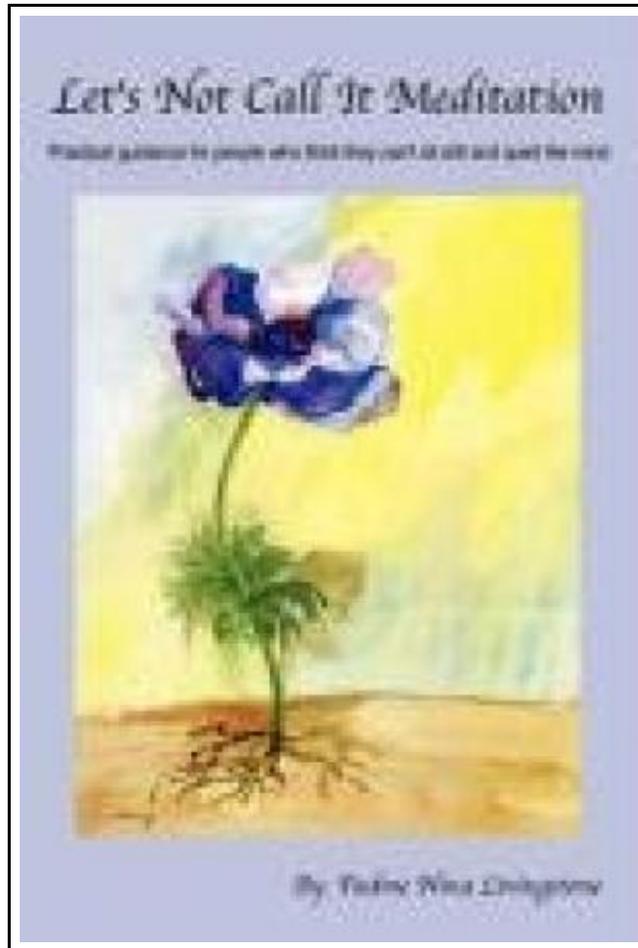


## Let s Not Call It Meditation: Practical Guidance for People Who Think They Can t Sit Still and Quiet the Mind (Paperback)



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